

Table 2. Profile of plants used for different ailments based on the “Doctrine of Signatures” in Ikale and Ilaje Communities of Ondo State, Southwestern Nigeria.

| S/N | Local Name (Nigeria: Yoruba) | Botanical Name | Common Name | Family | Part Used | Signature | Medicinal Use |
|-----|---------------------------------|--|--------------------|------------------|-------------|-----------------|-------------------------|
| 1. | Dongoyaro | <i>Azadirachta indica</i> A. Juss | Neem tree | Meliaceae | Leaf, Bark | Taste | Malaria |
| 2. | Awogba arun | <i>Petiveria alliacea</i> L. | Congo root | Phytolacaceae | Stem bark | Taste | Malaria |
| 3. | Ewe tea | <i>Cymbopogon citratus</i> (DC.) Stapf | Lemon grass | Poaceae | Leaf | Taste | Malaria |
| 4. | Ogbe akuko | <i>Heliotropicum indicum</i> L. | Cock's comb | Boraginaceae | Fruit | Shape | Mouth wash |
| 5. | Aran | <i>Spigelia anthelmia</i> L. | Worm weed | Loganiaceae | Whole plant | Name | Memory enhancer |
| 6. | Alupayida | <i>Uvaria picta</i> (Jacq.) Desv. | Dabra | Fabaceae | Leaf | Name | Magic/Voodoo |
| 7. | Anikanwogbarun | <i>Anthocleista vogelli</i> Planch. | Cabbage tree | Gentianaceae | Leaf, Bark | Name | General remedy |
| 8. | Ewuro | <i>Vernonia amygdalina</i> Delile | Bitter leaf | Asteraceae | Leaf | Taste | Malaria |
| 9. | Afon | <i>Treculia africana</i> Decne. | Afr. breadfruit | Moraceae | Fruit | Shape | Miscarriage |
| 10. | Jogbo | <i>Hyptis suaveolens</i> (L.) Poit | Bush tea | Lamiaceae | Whole plant | Taste | Malaria |
| 11. | Eriri-ljebu | <i>Vernonia colorata</i> (Wild.) Drake | Bitter tree | Asteraceae | Leaf, Root | Name | Poison antidote |
| 12. | Oju ologbo | <i>Abrus precatorius</i> L. | Precatory-bean | Fabaceae | Leaf | Minty leaf tip | Cough/Expectorant |
| 13. | Ose | <i>Adansonia digitata</i> L. | Baobab | Malvaceae | Fruit | Shape | Bladder disease |
| 14. | Ato | <i>Chasmanthera dependens</i> Hochst. | Chasmanthera | Menispermaceae | Stem | Name | Bone fractures |
| 15. | Ewe jokoje | <i>Cissampelos owariensis</i> P. Beauv. e | Cissampelos | Menispermaceae | Leaf | Name | Magic/Voodoo |
| 16. | Ewe aje | <i>Myrianthus arboreus</i> P. Beauv. | Cork wood | Urticaceae | Leaf | Name | Business booster |
| 17. | Eegun ejia | <i>Phyllanthus muellarianus</i> (Kuntze) E | Myrobalan | Phyllanthaceae | Stem, Leaf | Thorns | Skin diseases |
| 18. | Abiwere | <i>Hybanthus enneaspermus</i> (L.) F. Mi | Spade flower | Violaceae | Whole plant | Name | Easy delivery |
| 19. | Ijeho | <i>Entandrophragma utile</i> Dawe & Spra | Utile | Meliaceae | Bark, Root | Colour | Blood tonic |
| 20. | Emi | <i>Vitellaria paradoxa</i> C.F. Gaertn. | Shea butter | Sapotaceae | Seed | Colour | Nasal congestion |
| 21. | Gbogbonse | <i>Uvaria afzelii</i> Scott-Elliot | Cluster pear | Annonaceae | Root, Fruit | Name | General remedy |
| 22. | Irosun | <i>Baphia nitida</i> Lodd. | Cam wood | Fabaceae | Leaf | Name | Tooth decay |
| 23. | Ira-Odan | <i>Bridellia ferruginea</i> Benth | - | Phyllanthaceae | Stem | Name | Mouth wash |
| 24. | Abeere-oloko | <i>Bidens bipinnata</i> L. | Marigold | Asteraceae | Fruit | Name | Easy delivery |
| 25. | Owo | <i>Lophira alata</i> Banks ex C.F. Gaertn | Iron wood | Ochnaceae | Leaf | Name | Respect/Favour |
| 26. | Sawerepepe | <i>Cyathula prostrata</i> (L.) Blume | Pasture weed | Amaranthaceae | Whole plant | Name | Pain relief |
| 27. | Odundun-owo | <i>Emilia coccinea</i> (Sims) G. Don. | Emilia | Asteraceae | Leaf | Name | Malaria/Jaundice |
| 28. | Oro-wewe | <i>Euphorbia laterifolia</i> Schum & Thonn | - | Euphorbiaceae | Leaf, Root | Colour of late: | Ear infections |
| 29. | Fuyafuya | <i>Laparte aestuans</i> (L.) Chew. | Indian woodnette | Urticaceae | Whole plant | Name | Stops bedwetting |
| 30. | Ibo | <i>Landophia hirsuta</i> (Hu) Pichon | Ibo tree | Apocynaceae | Stem | Name | Erectile dysfunction |
| 31. | Okikan | <i>Spondias mombin</i> L. | Yellow mombin | Anacardiaceae | Leaf | Name | Placenta evacuation |
| 32. | Abere | <i>Parinari</i> sp. Aubl. | - | Chrysobalanaceae | Fruit | Name | General favour |
| 33. | Isirigun | <i>Carica papaya</i> L. | Pawpaw | Caricaceae | Leaf, Latex | Colour | Lactation |
| 34. | Patanmo | <i>Mimosa pudica</i> L. | Sensitive plant | Fabaceae | Whole plant | Name | To prevent wastefulness |
| 35. | Akomu | <i>Pycnanthus angolensis</i> (Welw.) Warb | Wild nutmeg | Myristicaceae | Bark | Name | To prevent sore gum |
| 36. | Ojiji | <i>Dalbergia lactea</i> Vatke | - | Fabaceae | Stem | Shape | Skin diseases |
| 37. | Alawefon | <i>Sterculia tragacantha</i> Lindl | - | Malvaceae | Leaf | Sticky leaves | Dysentery/Pile |
| 38. | Odundun | <i>Bryophyllum pinnatum</i> (Lam.) Oken | Resurrection plant | Crassulaceae | Leaf | Shape | Fever/Ear ache |
| 39. | Sagere | <i>Strophanthus hispidus</i> DC. | Br. Strophanthus | Apocynaceae | Stem | Name | Rheumatism/Stroke |
| 40. | Atare | <i>Aframomum melegueta</i> K. Schum | Alligator pepper | Zingiberaceae | Fruit | Seed set | Prevents miscarriage |
| 41. | Apata | <i>Microdesmis puberula</i> Hook. F. | Microdesmis | Pandaceae | Pod | Shape | General weakness |
| 42. | Afefe | <i>Trema orientalis</i> (L.) Blume | Charcoal tree | Cannabaceae | Stem bark | Texture | Measles |
| 43. | Pandoro | <i>Kigelia africana</i> (Lam.) Benth. | Sausage tree | Bignoniaceae | Fruit | Shape | Breast cancer |
| 44. | Worowo | <i>Senecio biafrae</i> Oliv. & Hien | English spinach | Asteraceae | Leaf | Name | Blood tonic |
| 45. | Oruwo | <i>Morinda lucida</i> Benth. | Indian mulberry | Rubiaceae | Leaf | Taste | Malaria |
| 46. | Eekan ehoro | <i>Allophylus africanus</i> P. Beauv. | Afr. false currant | Sapindaceae | Leaf | Shape | Skin rashes |
| 47. | Kankan ayaba | <i>Luffa cylindrica</i> M. Roem | Loofah | Cucurbitaceae | Fruit | Structure | Sponge |

Table 2. Cont'd.

| 48. | Iseketu | <i>Sida acuta</i> Burm.f. | Wire weed | Malvaceae | Whole plan | Name | Treatment of ulcer | |
|-----|-------------|---|-------------------|----------------|------------|-----------|---------------------------|--|
| 49. | Kukunduku | <i>Ipomoea batatas</i> (L.) Lam. | Sweet potato | Convolvulaceae | Tuber | Shape | Breast cancer | |
| 50. | Iyere | <i>Piper guineense</i> Schum. & Thonn. | Afr. black pepper | Piperaceae | Fruit | Taste | Treatment of hypertension | |
| 51. | Akerejupon | <i>Sphenocentrum jollyanum</i> Pierre | Sphenocentrum | Menispermaceae | Root | Colour | Pile | |
| 52. | Iru | <i>Parkia biglobosa</i> (Jacq.) R.Br.ex Dor | Afr. locust bean | Fabaceae | Seed | Shape | Visual modality | |
| 53. | Eyin olobe | <i>Phyllanthus amarus</i> Schum. & Thonr | Phyllanthus | Phyllanthaceae | Leaf | Shape | Kidney stones | |
| 54. | Emi-ile | <i>Euphorbia hirta</i> L. | Asthma herb | Euphorbiaceae | Whole plan | Latex | Poison anti-dote | |
| 55. | Ahun | <i>Alstonia boonei</i> De Wild. | Pattern wood | Apocynaceae | Stem latex | Colour | Galactogogue | |
| 56. | Awusa/Asala | <i>Plukenetia conophora</i> Mull. Arg. | Afr. walnut | Euphorbiaceae | Root | Taste | Snake bite anti-dote | |
| 57. | Agbayun | <i>Synsepalum dulcificum</i> (Sch. & Th.) | Miracle plant | Sapotaceae | Fruit | Shape | Weight loss | |
| 58. | Oka-baba | <i>Sorghum bicolor</i> (L.) Moench. | Sorghum | Poaceae | Stem, Leaf | Colour | Blood tonic | |
| 59. | Eleimi | <i>Dacryodes edulis</i> H.J. Lam | Bush pear | Burseraceae | Fruit | Structure | Kidney stones | |
| 60. | Orogbo | <i>Garcinia kola</i> Heckel | Bitter kola | Clusiaceae | Seed | Shape | Hepatoprotective | |

Where names of plants are cited as signatures, the local names refer to the medicinal applications.

both ancient and new episodes of human diseases.

CONFLICT OF INTERESTS

The authors have not declared any conflict of interests.

REFERENCES

- Aworinde DO, Erinoso SM (2015). Ethnobotanical investigation of indigenous plants used in the management of some infant illnesses in Ibadan, Southwestern Nigeria. African Journal of Traditional, Complementary and Alternative Medicines, 12(1):9-16.
- Bennett BC (2007). Doctrine of Signatures: An explanation of medicinal plant discovery or dissemination of knowledge. Economic Botany, 61(3):246-255.
- Bennett BC, Baker MA, Gomez P (2002). Ethnobotany of the Shuar of Eastern Ecuador. Advances Economic Botany, 14:1-299.
- Dafni A, Lev E (2002). The Doctrine of Signatures in Present-Day Israel. Economic Botany, 56(4):328-334.
- Dafni A, Yaniv Z, Palevitch D (1984). Ethnobotanical survey of medicinal plants in Northern Israel. Journal of Ethnopharmacology, 10(3):295-310.
- Erinoso SM, Aworinde DO (2012). Ethnobotanical survey of some medicinal plants used in traditional health care in Abeokuta areas of Ogun State, Nigeria. African Journal of Pharmacy and Pharmacology, 6(18):1352-1362.
- Gbile ZO (2002). Vernacular names of Nigerian plants (Yoruba), 2nd Edition, Forestry Research Institute of Nigeria, Ibadan. Molukom Press, Ibadan. 101p.
- Hocking GM (1977). The Doctrine of Signatures. Quarterly Journal of Crude Drug Research, 15(4):198-200.
- Kumath V (2015). "Doctrine of Signatures": An age old theory with special reference to some Ayurvedic medicinal plants. Journal of Laboratory and Life Science, 1(1):45-53. Available at: <http://www.jolsc.com/volume1-first-issue/V1-I1-5-45-53.pdf>
- Lev E (2002). The doctrine of signatures in the medieval and Ottoman Levant. Vesalius, 8(1):13-22.
- Nyazema NZ, Njdamba J, Anderson C, Makaza N, Kaonderra KC (1994). The Doctrine of Signatures or Similitude: A Comparison of the Efficacy of Praziquantel and Traditional Herbal Remedies Used for the Treatment of Urinary Schistosomiasis in Zimbabwe. International Journal of Pharmacognosy, 32(2):142-148.
- Oso BA (1977). Mushrooms in Yoruba mythology and medicinal practices. Economic Botany, 31(3):367-371.
- Richardson-Boedler C (1999). The Doctrine of Signatures: a historical, philosophical and scientific view (I). British Homoeopathic Journal, 88(4):172-177.
- Saifullahi U, Ahmed A, Abdulhamid Z (2017). Hausa plant systematics and doctrine of signature. Book of Abstracts, 25th Annual Conference of the Botanical Society of Nigeria (BOSON), Usman Danfodio University, Sokoto, Nigeria: 2nd - 6th July, 2017. Available at: <http://bosonudus.udusok.edu.ng/#menu3>