

Dr. Sebi's African Approach To Health and Healing

September 30, 2002

Dr. Simbi V. Mubako
Embassy of the Republic of Zimbabwe
1608 New Hampshire Avenue, N.W.
Washington, DC 20009

Dear Mr. Mubako:

In 1988 when the **USHA Research Institute** won it's case against the New York State Supreme Court it was the first victory of it's kind. *That victory included the right to practice the healing traditions of our forefathers by using herbs and other natural nutritional substances that are consistent with our genetic structure.* Our premise and methodology was proven effective and true. In prior years over 2,700 other organizations including medical doctors, homeopathic doctors and herbalists have tried and failed in their efforts to validate their position.

Allow me to tell our story.

I am Dr. Sebi, founder of the **USHA Research Institute**. For over 28 years, the Institute has been successful in curing diseases deemed "incurable" by modern medicine. Through our methodology, *A.I.D.S., Sickle Cell Anemia, Lupus, Diabetes, Arthritis, Cancers, Leukemia, Herpes, Epilepsy, Fibroid Tumors, and a host of other diseases have been successfully reversed.* At this time, I would like to take this opportunity to give you a brief synopsis of how our premise and methodology achieves successful results in eradicating diseases. This brief, but concise illustration will reveal our premise and methodology to be consistent.

According to Western medical research, diseases are a result of the host being infected with a "germ", "virus", or "bacteria". And, in their approach in treating these "infestations", inorganic, carcinogenic chemicals are employed. Our research immediately uncovers flaws in their premise and methodology through basic deductive reasoning. By consistently utilizing the same premise and methods, they have consistently yielded ineffective results. In essence, in the 400-year tradition of the European philosophy of medicine, their approach in treating disease has yet to produce any cures.

In contrast, as we examine the **African approach to disease**, it diametrically opposes the present Western approach. Specifically, the **African Bio-mineral Balance** refutes the germ/virus/bacteria premise. Our research reveals that **all** manifestation of disease finds its genesis when and where *the mucous membrane has been compromised.* For example, if there is excess mucous in the bronchial tubes, the disease is Bronchitis; if it is in the lungs, the disease is Pneumonia; in the pancreatic duct, it is Diabetes; in the joints, Arthritis.

In the fall of 1988, while explaining this very premise, Dr. Victor Herbert, Head of the Veterans Administration Hospital in New York City inquired, "If the genesis of all disease can be found in the mucous membrane, then what about A.I.D.S.? Is A.I.D.S. mucous too?" The answer is YES. So, *where do we find the mucous in Acquired Immune Deficiency Syndrome?* The mucous is found in the *skin tissue, the blood, and the lymphatic system*, otherwise known as the **immunological system**. In removing the mucous from the immunological system, the **USHA Research Institute** has been successful in curing, not only A.I.D.S., but *Sickle Cell Anemia, Diabetes, Blindness, Impotence*, and many other ailments as well.

In 1988, the Supreme Court of New York State challenged our premise and methodology. The presiding judge, the Honorable Ann Felton, ordered the institute to present 9 patients that had been successfully treated for the diseases the Institute claimed to cure. **Seventy-seven patients appeared to testify** *-including a client who flew in from Italy*. Each client was required to bring medical records from accredited medical institutions, indicating the diseases they had prior to receiving treatment from the Institute - which included H.I.V./A.I.D.S. cases - *no longer existed*. As a result, on September 29, 1988, the Institute won the right to utilize **any** substance in our herbal compounds, *regardless of approval from the Food and Drug Administration (F.D.A.)*. At the time of this victory 2,789 other cases with medical doctors, homeopathic doctors and herbalists has appeared before the New York State Supreme Court for various reasons. The Usha Research Institute is the only one to win. Through this judicial process, the Supreme Court was made aware of the efficacy of the **African Bio-mineral Balance**. In effect, this landmark court ruling supports the **right of the Black Race to practice a system of nutrition that is consistent with our gene**.

The court case was as a result of advertisements we placed in several New York City newspapers stating A.I.D.S. and other diseases were cured by the **USHA Research Institute**. The State arrested me and accused me of "practicing medicine without a license" and "making fraudulent claims of curing A.I.D.S.". Among the 77 clients that testified in 1988, some were former H.I.V./A.I.D.S. patients. Other H.I.V./A.I.D.S. patients were proven cured in years to follow; including *Oswald Savala* (tested by *Laboratorio Parades, La Ceiba, Honduras, C.A., 1994*); *Alfredo Lagos* (tested by *Red Cross Laboratories, Tegucigalpa, Honduras, C.A., 1995*); and a client tested by the *San Diego County Public Health Laboratory* in 1998, who requested anonymity.

The **African Bio-mineral Balance** is a therapeutic approach that compliments the African gene structure. The reason we make the distinction between the African genetical structure and others in the human species is because our research further reveals that the African gene resonates on a higher electrical vibration. Consequently, the African gene requires a specific quality food and medicinal. For optimal health, the Black Man's genetic constitution requires the consistent consumption of organic natural plant food - that is, vegetation that grows naturally - *not created in a laboratory*. With natural plants, the molecular structure is complete, containing the exact mineral components present in the human body. In contrast, laboratory plants are created as a result of man tampering with nature; in effect, creating an incomplete molecular structure (commonly known in Biochemistry as a protoplasmic poison). In essence, the high electrical resonance of the Black Man **must** be complimented by organic natural plant food containing an equally high degree of electrical resonance. Our research shows an **ELECTRIC BODY requires ELECTRIC FOOD**. This is known as **CHEMICAL AFFINITY**, which is necessary for **ASSIMILATION** of the nutrients to occur.

Unlike other therapies, the **African Bio-mineral Balance** specifically benefits the nutritional needs of the African gene structure. But the beauty of the **African Bio-mineral Balance** is, because of its highly electrical nature, it has ample capacity to accommodate the nutritional needs of the *entire human species*. Over the years, we have treated people from all walks of life. In our early years, the bulk of our clientele were Mexican and Caucasian, who benefited especially from cures for *Diabetes, Lupus, and diseases of the central nervous system – from Insanity to Schizophrenia to Paranoia*. We are proud to say our methodology, though initially designed to rescue the African gene, compliments the genealogy of *all races*. This cannot be said of other therapeutic approaches, however. Other therapies, including the *allopathic, homeopathic, and naturopathic* approaches, may yield benefits for other gene types, but fail to meet the nutritional needs of the African gene because the substances used in those therapies do not compliment its high electrical resonance.

All of the *African Bio-mineral Balance* compounds are comprised of *natural plants*; which means its constitution is of an **alkaline** nature. This is important – and instrumental in our success in reversing pathologies – because disease can only exist in an environment that is **acid**; thus it is inconsistent to utilize inorganic substances when treating disease because they are of an **acid base**. Only consistent use of natural botanical remedies will effectively cleanse and detoxify a diseased body, reversing it to its intended alkaline state. Our system of nutrition goes even further. In addition to removing the accumulation of years of toxins, the **African Bio-mineral Balance** replaces depleted minerals and rejuvenates damaged cell tissue eroded by the acid, diseased state.

In conclusion, it is evident the premise and methodology of modern-day "healers" is inconsistent and ineffective in their attempts to cure disease. They are unaware that the inorganic substances they use in an effort to reverse pathologies are of an **acid base**. As a result, their ultimate goal of finding cures for diseases remains forever unattainable. It is evident that disease is rampant in the World Community. Because **genetics** is not addressed in the treatment of disease, the Black Race is suffering the most. Whether in Africa or America, the health and well being of Black People worldwide is being undermined by the same culprit. For example, in my travels to Africa, I noticed the Black Female is beset with the same maladies that plague Black Women in the United States. They include *high anemia and reproductive disorders (i.e. fibroid tumors, vaginitis, yeast infections)*. Their diseased state also negatively impacts the babies developing in the womb of this "acid flora". Similarly, Black Males on both continents share similar ailments (*anemia, hypertension, prostate problems, impotence*).

The *culprit* mentioned earlier is **THE DIET**. Specifically, we have been conditioned to ingest so-called "foods" that create an **acid environment** in the body. Black People are so far removed from what our genetic constitution requires to be nutritionally sound, it is *remarkable* we have survived through the generations! When was the last time our bodies were *truly nourished*? The sad truth is, *we have no idea what our ancestors ate* before the coming of the European colonialist. *Starch, milk, animal flesh, and hybrid plants* have **never** been a part of our indigenous diet **because these artificial, toxic substances are incompatible with our genetic constitution**. Enduring centuries of malnourishment due to the adulteration of our food supply, we have been conditioned to believe *corn, wheat, rice, beans, potatoes, millet, cassava, palm oil, carrots, hogs, goats, lambs, cows, chickens, eggs, dairy products* and many other toxic artificial substances are not only "food", but are indigenous to the land known as "Africa". In our research, we discovered only **natural plants** - plants made by **Nature** - are **alkaline**, and do not distress the body when ingested. In contrast, plants containing **starch** are

necessarily acid because **Nature does not produce starches**. Furthermore, what we discovered to be a key component in starch or acid-based plants is the presence of **CYANIDE**. One only has to observe the **increasing insanity** across the globe to realize the adverse effects of **cyanide poisoning**.

The inevitable question is *what can we do to improve the quality of life for our people?* The irony is Africa is starving; yet, **nutrition is at our very feet in the form of natural plants!** What is even more ironic - and *frightening* - is that "humanitarian efforts" to "feed" the starving in Africa are creating yet another catastrophic scenario. "Mega-hybrid" grains - specifically, genetically engineered corn- is being shipped into Africa by the *boatloads*. Desperate, starving African people are consuming this highly adulterated grain while Western scientists *admit* the adverse effects of ingesting genetically modified foodstuffs are yet to be known. PLUS - there are *deep concerns* that the people will resort to *planting* this genetically altered grain; the results being **disastrous** - and most likely **irreparable** - to the ecosystem contaminated by its mutated pollen!

WE must take action. **WE MUST SAVE OURSELVES!** The Black Race can no longer depend on others - be they well-meaning but ignorant of our needs, or *downright divisive* with a negative agenda - to provide for us what *they think* we need for our health and well being. Africa is rich with natural resources, and we are a resourceful people. We survived - and **THRIVED** as a people, *long* before the advent of European intervention and modern technology. Besides being the creator of the **African Bio-mineral Balance**, I am a Steam Engineer, and have applied my knowledge in Botany and Biochemistry to Horticulture. Utilizing the land on the **USHA Healing Village** in Honduras, Central America, I have conducted successful horticultural experiments on the effects of **natural vegetation cell food** in cultivating hearty, bountiful, nutrient-rich fruits and vegetables.

It would indeed be an honor, and give me great pleasure to be afforded the opportunity to be of assistance to my Brothers and Sisters in Zimbabwe. I humbly request the opportunity to meet with President Robert Mugabe for the purpose of developing and implementing a plan to restore the health and wholeness of your beautiful country, and ultimately, the African Continent.

Respectfully yours,

Dr. Sebi
(Alfredo D. Bowman)
Founder, **The USHA Research Institute**

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